

Catch and Release or ...

Licenses and General Information: **1-888-248-6866**

Are My Fish Safe to Eat?

Tests have shown many of New Mexico's waters are contaminated with mercury, PCBs and in some instances DDT. To help anglers make informed choices about what can be safely eaten, the following consumption advisories by region are provided on the pages 34–38. Occasional consumption of fish from these waters does not constitute a substantial health risk, however higher consumption over a longer period of time could result in health problems. These advisories are guidelines only and do not suggest any health risks from camping, swimming or boating in these waters. Also, handling fish will not result in exposure to dangerous contaminants.

How To Use the Consumption Advisory Chart

The following table is a consumption advisory only. Some fish may be under the legal minimum length limit, such as walleye and largemouth and smallmouth bass.

Determine the species and length (inches) of the fish and find the lake or river where it was caught. Match the species (row) and size (column) of your fish to determine the number of meals (8 ounces) that can be safely eaten each month. No advisory (NA) indicates an advisory is unnecessary, and **0 (zero) indicates it is recommended not to eat** that species and size of fish. If blank, the species and size of fish at that location has not been analyzed. These advisories are for consumption limits only and are not to be used for size or possession limits.

For questions about these advisories, contact the New Mexico Environment Department–Surface Water Quality Bureau at: (505) 827-2470. For questions about health concerns relating to consumption of contaminants, contact the New Mexico Department of Health–Environmental Health Epidemiology Bureau at: 1-888-878-8992. Further information is also available online at :

https://nmtracking.unm.edu/enviro_n_exposure/fish/
www.epa.gov/waterscience/fish/
www.nmenv.state.nm.us/swqb/advisories/index.html

Northwest Consumption Advisory⁽¹⁾

WATER	SPECIES	SIZE (inches)						CONTAMINANT
		<10	10-14	14-18	18-22	22-26	26-30	
Abiquiu Lake	Brown trout	4	4	2				Mercury
	Carp		1	1				Mercury
	Channel catfish	3	2	2	1			Mercury
	Rainbow trout	NA		3				Mercury
	Smallmouth bass	2	1					Mercury
	Walleye		2	1				Mercury
	Crappie	2						Mercury
Bluewater Lake	Tiger muskie						3	Mercury
Canjilon Lakes	Brook trout	NA	NA					Mercury
	Rainbow trout	NA	NA					Mercury

NA* No Advisory

(1) Coldwater bag and possession limits are listed on pages 14–15 and 16–19.

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Northwest Consumption Advisory—continued⁽¹⁾

WATER	SPECIES	SIZE (inches)							CONTAMINANT
		<10	10-14	14-18	18-22	22-26	26-30	30+	
Cochiti Lake	Bluegill	3							Mercury
	Carp				2	.2			Mercury
	Channel catfish		4	3	1	.1			Mercury
	Crappie	2							Mercury
	Northern pike3	.2	1	Mercury
	Walleye			1	½	½			Mercury
	White bass		1						Mercury
El Vado Lake	Brown troutNA*	.NA*					Mercury
	Kokanee salmonNA*	.NA*	.NA*					Mercury
	Rainbow troutNA*						Mercury
	White sucker		4						Mercury
Heron Lake	Kokanee salmonNA*	.NA*	.NA*					Mercury, DDT, PCBs
	Lake troutNA*	.NA*	.NA*		4		Mercury
	White sucker		4	4					Mercury
Lake Farmington (Beeline Lake)	Channel catfish		3						Mercury
	Carp				4	4			Mercury
	Largemouth bass		4				.NA*		Mercury
Navajo Lake	Bluegill	3							Mercury
	Channel catfish		4	4	2		½		Mercury
	Crappie	4	4	1					Mercury
	Kokanee salmonNA*	.NA*					Mercury
	Largemouth bass		2		½				Mercury
	Northern pike1	1	½	Mercury
	Rainbow trout			4					Mercury
	Smallmouth bass	3	2	1					Mercury
	White suckerNA*						Mercury
Rio Grande (Otowi Bridge to Rio Chama)	Channel catfish				4	4	4		Mercury
	River carpsucker				3				Mercury
Rio Grande (Cochiti Lake to Otowi Bridge)	Carp			4	4	4			Mercury
	Channel catfish			4	4				Mercury
Rio Grande (US I-25 to 550)	Channel catfishNA*					.PCBs
	White bass	1	1						.PCBs
San Juan River (Cañon Largo to Navajo Dam)	Rainbow troutNA*	.NA*	.NA*				Mercury

NA* No Advisory

⁽¹⁾ Coldwater bag and possession limits are listed on pages 14–15 and 16–19.

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Northeast Consumption Advisory⁽¹⁾ (How to Use the Chart, page 34)

WATER	SPECIES	SIZE (inches)						CONTAMINANT	
		<10	10-14	14-18	18-22	22-26	26-30		30+
Cabresto Lake	Brook trout	4						Mercury	
	Cutthroat trout	4						Mercury	
Charette Lakes	Black bullhead		1					Mercury	
	Rainbow troutNA'					Mercury	
	White sucker		4	4				Mercury	
	Yellow perch		1	1				Mercury	
Clayton Lake	Bluegill	1						Mercury	
	Channel catfish				4		1	Mercury	
	Walleye				2	.2	½	Mercury	
Conchas Lake	Bluegill	3						Mercury	
	Channel catfish			2	1			Mercury	
	Largemouth bass		3	2	1			Mercury	
	Smallmouth bass		3	2				Mercury	
	Walleye		4	4	1	.1	½	Mercury	
Eagle Nest Lake	Kokanee salmonNA'	.NA'				Mercury	
	Northern pike					4		Mercury	
	Rainbow troutNA'	.NA'	4			Mercury	
	White sucker		4					Mercury	
	Yellow perch		3					Mercury	
Lake Maloya	Rainbow troutNA'	.NA'				Mercury	
	White suckerNA'	4				Mercury	
Maxwell Lakes	Channel catfishNA'			Mercury	
	Rainbow troutNA'	.NA'			Mercury	
Pecos River (Pecos NH Park to Headwaters)	Brown troutNA'	.NA'	4				Mercury	
	White suckerNA'						Mercury	
Rio Grande (Rio Chama to Embudo Creek)	Carp				3	.3		DDT	
	Channel catfishNA'	.NA'			Mercury, DDT PCBs	
	White sucker			4				Mercury	
Shuree Ponds	Rainbow troutNA'	.NA'	.NA'		Mercury	
Springer Lake	Black bullhead	4						Mercury	
	CarpNA'	.NA'			PCBs	
	Channel catfishNA'	.NA'	.NA'	2	½	Mercury
	Northern pike					4	2	2	Mercury
	Yellow perch	4	4					Mercury	
Storrie Lake	CarpNA'	.NA'	4		Mercury	
	Channel catfish		4	2		1		Mercury	
	White suckerNA'	4				Mercury	

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Northeast Consumption Advisory—continued⁽¹⁾

WATER	SPECIES	SIZE (inches)						CONTAMINANT
		<10	10-14	14-18	18-22	22-26	26-30	
Stubblefield Lake	Black bullhead		4.					Mercury
	Channel catfish			4.	4.			Mercury
	Walleye			2.	2.			Mercury
	White sucker			NA*				Mercury
	Yellow perch		4.					Mercury
Ute Lake	Bluegill	3						Mercury
	Channel catfish			4.	2.			Mercury
	Largemouth bass		2.	1.	1.			Mercury
	Smallmouth bass		2.					Mercury
	Walleye			1.	½.	½.	0.	Mercury
	White bass		3.	1.				Mercury

Southwest Consumption Advisory⁽²⁾ (How to Use the Chart, page 34)

WATER	SPECIES	SIZE (inches)						CONTAMINANT
		<10	10-14	14-18	18-22	22-26	26-30	
Bear Canyon Dam	Bluegill	4						Mercury
	Channel catfish		4.	4.				Mercury
	Crappie	½						Mercury
	Largemouth bass		4.	3.				Mercury
Bill Evans Lake	Bluegill	4						Mercury
	Largemouth bass			2.				Mercury
Caballo Lake	Blue catfish		4.	3.	3.			Mercury
	Channel catfish			3.	2.	2.		Mercury
	Crappie		3.					Mercury
	River carsucker			4.	4.			Mercury
	Smallmouth buffalo				2.	2.	1.	Mercury
	Walleye		4.	2.	1.	1.	1.	Mercury
White bass		1.	½				Mercury	
Elephant Butte Lake	Carp			2.	1.			.PCBs
	Channel catfish			1.	1.	½		Mercury
	Crappie		2.					Mercury
	Largemouth bass		2.	1.	1.			Mercury
	Smallmouth bass		2.	1.				Mercury
	Striped bass					1.	½	Mercury
White bass		1.	½				Mercury	
Lake Roberts	Bluegill	NA*						Mercury
	Largemouth bass			3.	2.			Mercury

NA* No Advisory

(1) Coldwater bag and possession limits are listed on pages 14–15 and 16–19.

(2) Warmwater bag and possession limits are listed on page 24.

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Southeast Consumption Advisory⁽²⁾ (How to Use the Chart, page 34)

WATER	SPECIES	SIZE (inches)							CONTAMINANT
		<10	10-14	14-18	18-22	22-26	26-30	30+	
Avalon Lake									
(Data on Avalon Lake unavailable. However, DDT, PCB presence up- and down-stream suggests the likelihood of substantial contamination)									
Brantley Lake	Channel catfish	4	4	2	½				Mercury, DDT
	Largemouth bass	2	2						.DDT
	White bass	½	½	1					.DDT
Carlsbad	Carp			4	4				.DDT
Municipal Lakes	Channel catfish			1	4				.DDT
(Lake Carlsbad and Bataan Lake)	Spotted bassNA*					Mercury, DDT, PCBs
Pecos River	CarpNA*	.NA*					DDT, PCBs
(North boundary of Brantley WMA to US 70)	Channel catfishNA*	.NA*	.NA*				DDT, PCBs
Pecos River	Channel catfish	4	4	2	½				Mercury, DDT
(Brantley WMA)	Largemouth bass	2	2						.DDT
	White bass	½	½	1					.DDT
Pecos River	CarpNA*	.NA*	.NA*				.PCBs
(Texas border to Carlsbad Municipal Lakes)	Channel catfish			14					.PCBs
Santa Rosa Lake	Bluegill	3							Mercury
	Channel catfish		3	2	2	2	1		Mercury
	Crappie	3	3						Mercury
	Smallmouth bass		2						Mercury
	Walleye			3	1	1	1		Mercury
Sumner Lake	Carp		4	4	4				Mercury
	Channel catfish	4	3	3	2				Mercury
	Flathead catfish		4		2				Mercury
	Walleye			3	1	½	0		Mercury
	White bass	3	2						Mercury

NA* No Advisory

⁽²⁾ Warmwater bag and possession limits are listed on page 24.